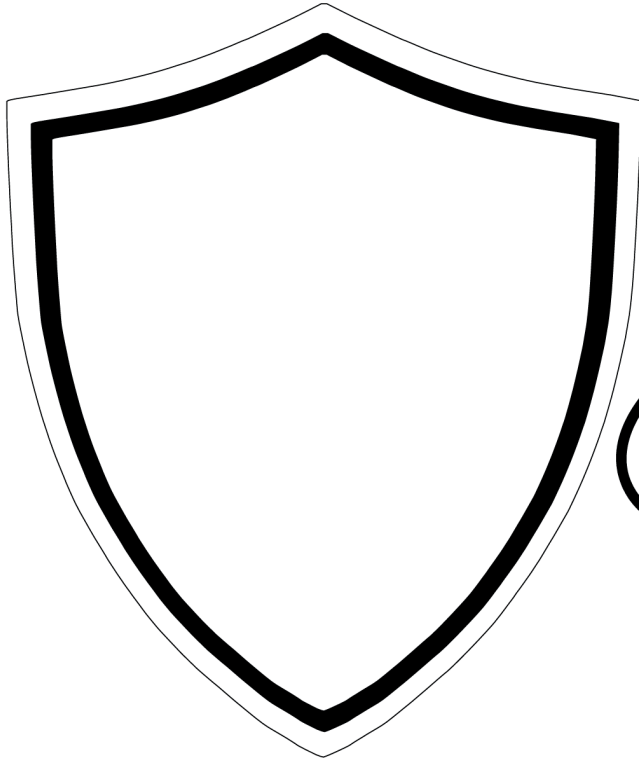


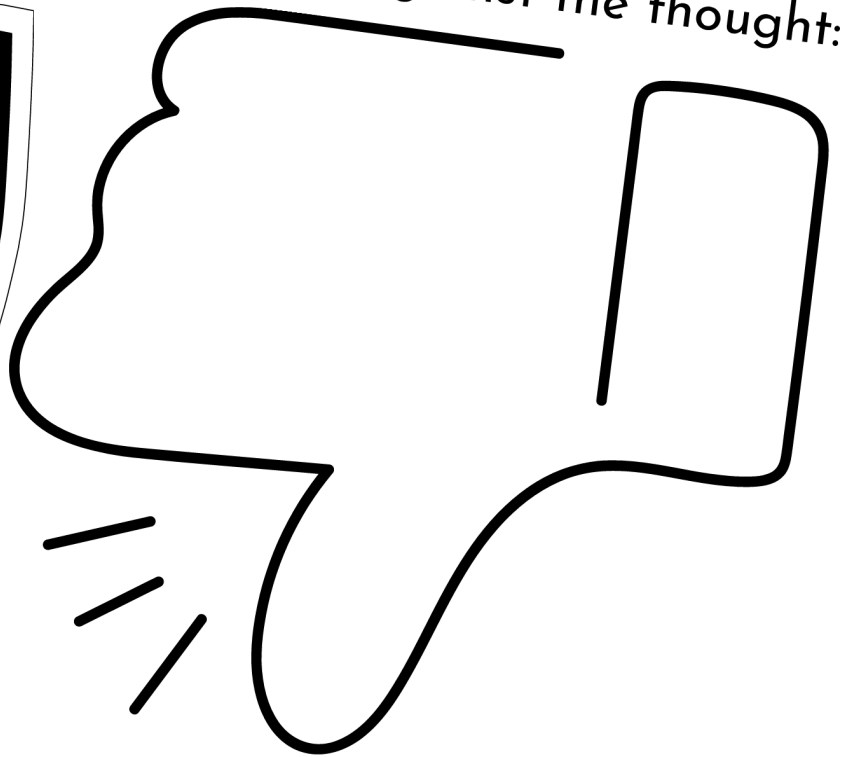
Reframing Thoughts

Negative thought:

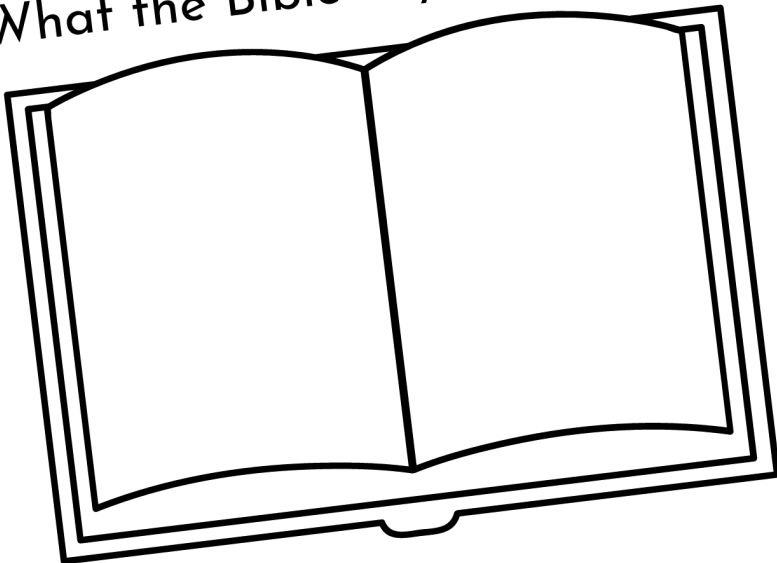
In defence of the thought:



Reasons against the thought:



What the Bible says about it:



Verdict - the new thought:

